

Unit 3: Your Body

Unit 3 introduces the children to their bodies, particularly their five senses, and how to keep their bodies safe and healthy. They will learn how easily germs are spread and will practice classifying foods as healthy and not healthy. They will also become "meteorologists" and learn to forecast the daily weather. This unit also teaches the children rules to help keep them safe in a variety of situations.

In addition, the children will explore:

- Ss/s/; Aa /a/; Pp /p/
- Blending onsets and rimes
- Size relationships (comparing and ordering)
- Discriminating rhyming and non rhyming words
- Solving story problems
- Patterns
- Compound word segments (characters/setting)
- Story elements
- Sequencing
- Syllables
- Compare/contrast heights
- Numbers
- Pairs

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Unit 3 • Week 8: Your Five Senses

This week you will begin your study of the body as you introduce the children to the five senses. They will also learn the meaning of forecasting and become meteorologists who daily forecast the weather.

The children will also:

- Practice discriminating rhyming and non rhyming words
- Learn /s/ and identify initial and final /s/ words
- Use their five senses to learn more about the world around them
- Discover that some objects come in pairs
- Combine words to form compounds
- Dramatize the story "Chicken Little"

Essential Questions

- *How do your five senses help you understand the world around you?*
- *How do meteorologists help us?*
- *How do illustrations or pictures in a story help us to know what might happen next?*
- *How can asking questions help us to learn?*

Standards & Benchmarks

Reading

- *Makes connections using illustrations/photos, prior knowledge, real-life experiences*
- *Asks and answers questions about key elements and details in a text*
- *Differentiates between fiction and nonfiction*
- *Identifies characters, settings, and events in a story*
- *Recalls information from stories*
- *Compares and contrasts*

Phonics & Word Recognition

- *Associates letters with their names and sounds*
- *Identifies words beginning with the same letter as their own name*
- *Recognizes own name*

Print Concepts

- *Understands print conveys meaning*
- *Demonstrates/Understands directionality in print*
- *Focuses on letter names and shapes*
- *Recognizes relationship between illustrations and text*
- *Understands words in print are separated by spaces*
- *Shows where print begins on a page*

English Conventions

- *Understands and uses question words*

Alphabet Knowledge

- *Recognizes and names letters in their own name*

Phonological Awareness

- Recognizes and identifies beginning and ending sounds in words
- Combines onsets and rimes to form words
- Counts and blends syllables into spoken words
- Identifies or discriminates rhyming words

Vocabulary

- Uses words and phrases acquired through conversations and activities
- Understands and uses describing words
- Discusses words and word meanings

Speaking & Listening

- Listens to and discusses literary texts
- Participates in collaborative conversations with diverse partners about pre-kindergarten topics and texts
- Engages in agreed-upon rules for discussions
- Asks and answers questions in order to seek help, get information, or clarify something that is not understood
- Follows simple and multiple-step directions
- Describes familiar things according to characteristics of attributes

Writing

- Uses drawing, dictation and/or scribble writing to convey meaning
- Uses writing tools and materials

Mathematics

Number Sense

- Counts/Identifies numbers in sequence
- Uses one-to-one correspondence to determine "how many"
- Recognizes number of objects without counting (subitizing)
- Recognizes, names or writes numerals
- Recognizes number of objects stays the same regardless of their arrangement
- Represents numbers in different ways

Measurement and Data

- Uses charts and graphs to collect and analyze data
- Uses terms related to time periods such as morning, afternoon, night, today, tomorrow and yesterday
- Sorts objects by physical attributes

- Becomes familiar with standard and nonstandard measuring tools and their uses
- Measures length, weight, height, size or capacity of one or more objects

Science

Scientific Inquiry and Reasoning

- Uses senses to explore
- Shows curiosity by asking questions and seeking information
- Collects, describes and records information
- Makes and verifies predictions
- Participates in scientific investigations, analyzes, draws conclusions, and communicates results

Physical Science

- Investigates states of matter

Earth and Space

- Observes and describes the weather and how it changes
- Understands the use of natural resources and demonstrates environmental awareness and responsibility (reduce, reuse, recycle)

Social Studies

Government

- Recognizes patriotic symbols and activities

History

- Differentiates past, present, and future
- Describes events that happened in the past

Technology

Exploring Technology

- Uses technology independently to explore concepts and gain information

Technology Use

- Navigates simple on screen menus

Approaches to Learning

Creativity

- Uses imagination in play and interactions with others

Reflection and Problem Solving

- Reflects on what has been learned
- Develops increasing ability to find multiple solutions to a question, task or problem alone or with others
- Uses self-talk as a strategy

Creative Arts

Art

- Describes or explains own artwork
- Shows appreciation for different art forms, culturally diverse works of art, and the creative work of others
- Experiments with a variety of art materials

Music

- Enjoys participating in music activities

Creative Movement and Dance

- Participates in finger plays, songs, and rhymes
- Expresses concepts, ideas or feelings through movement
- Participates in a variety of dance and movement activities with or without props

Dramatic Play

- Participates in teacher-guided dramatic play activities such as acting out a story
- Engages in cooperative pretend play with other children
- Represents fantasy and real-life experiences through pretend play

Health, Safety, and Nutrition

Self-Care

- Demonstrates personal hygiene and emerging self-care skills

Nutrition

- Develops awareness of habits that promote physical well being

Safety

- Identifies adults in their community who keep them safe and healthy
- Identifies the importance of personal safety practices, rules, and routines

Physical Development

Fine Motor Skills

- Demonstrates control, strength, and dexterity to manipulate objects
- Demonstrates hand-eye coordination
- Uses writing, drawing, and art tools

Gross Motor Skills

- Moves with an awareness of personal space in relationship to objects and others
- Demonstrates strength and coordination of large muscles to engage in skills such as jumping, hopping, and running
- Moves with balance and control

Social/Emotional Development

Self-Regulation

- Recognizes and regulates emotions, attention, impulses and behavior
- Uses materials appropriately and puts them away
- Follows simple rules, routines, and directions

Relationships

- Expresses common courtesy and respects the rights of others
- Engages in positive relationships and interactions

Emotional Development

- Recognizes and identifies emotions in self and others
- Demonstrates confidence in own abilities and expresses positive feelings about self

Unit 3 • Week 9: Staying Healthy

This week you will introduce the children to five ways to keep their bodies healthy. They will become familiar with a Chinese fable and learn that many people eat using chopsticks.

The children will also:

- Practice discriminating rhyming and non-rhyming words
- Learn /a/ and identify initial /a/ words
- Classify foods as healthy and unhealthy
- Learn exercises for staying healthy
- Retell and dramatize a Chinese fable
- Discover how easily germs are spread
- Practice thanking others for their kindness
- Discuss characters and settings in a story
- Compare and contrast their heights
- Consider the emotions of story characters

Essential Questions

- *Why is staying healthy important?*
- *Why is exercise good for you?*
- *What if you only ate candy all day and no healthy food?*
- *How does putting sounds together help us learn to read?*
- *Why is getting enough rest and sleep important?*
- *What lessons did you learn from "One Rice Thousand Gold?"*

Standards & Benchmarks

Reading

- Identifies roles of author/illustrator
- Makes connections using illustrations/photos, prior knowledge, real-life experiences
- Asks and answers questions about key elements and details in a text
- Uses illustrations to make inferences or predict
- Differentiates between fiction and nonfiction
- Identifies characters, settings, and events in a story
- Recalls information from stories

Phonics & Word Recognition

- Associates letters with their names and sounds
- Identifies words beginning with the same letter as their own name
- Recognizes own name
- Demonstrates understanding of one-to-one correspondence of letter and sounds

Print Concepts

- Understands print conveys meaning
- Demonstrates/Understands directionality in print

Print Concepts (Continued)

- Focuses on letter names and shapes
- Recognizes relationship between illustrations and text
- Identifies front/back cover and title of a book

English Conventions

- Uses frequently occurring nouns and verbs
- Recognizes first letter of names is capitalized

Alphabet Knowledge

- Recognizes and names letters in their own name
- Recites the alphabet in sequence

Phonological Awareness

- Recognizes and identifies beginning sounds in words
- Combines words to form compound words
- Isolates and pronounces the initial sounds in words
- Combines onsets and rimes to form words
- Blends phonemes
- Discriminates rhyming words

Vocabulary

- Uses words and phrases acquired through conversations, activities and read alouds
- Asks questions about unknown objects and words
- Discusses words and word meanings
- Identifies real-life connections between words and their use

Speaking & Listening

- Speaks in complete sentences
- Listens to and discusses literary texts
- Participates in group discussions
- Follows simple and multiple-step directions
- Describes familiar people, places, objects, and events according to characteristics or attributes

Writing

- Writes own name
- Uses appropriate writing conventions with adult assistance
- Uses drawing and scribble writing to convey meaning

Language Development

- Expresses simple greetings, words, and phrases in a language other than their own

Mathematics

Number Sense

- Counts/Identifies numbers in sequence
- Uses one-to-one correspondence to determine "how many"
- Compares and orders groups of objects
- Represents numbers in different ways

Patterns, Operations, and Algebraic Thinking

- Combines sets of objects to create new sets
- Uses concrete objects to solve problems

Geometry and Spatial Sense

- Recognizes and identifies basic two-dimensional shapes
- Describes, compares, creates, and composes basic shapes
- Identifies shapes regardless of orientations or size

Measurement and Data

- Uses charts and graphs to collect and analyze data
- Measures length, weight, height, size, or capacity of one of more objects
- Becomes familiar with standard and nonstandard measuring tools and their uses
- Sorts objects by physical attributes
- Analyzes, compares, and sorts groups of objects by a single attribute and explains

Science

Scientific Inquiry and Reasoning

- Makes and verifies predictions
- Uses senses to explore

Physical Science

- Investigates states of matter

Earth and Space

- Observes and describes the weather and how it changes
- Understands the use of natural resources and demonstrates environmental awareness and responsibility (reduce, reuse, recycle)
- Investigates properties of earth materials including water, soil, rocks, and sand

Social Studies

Self, Family and Community

- Recognizes and accepts responsibilities
- Recognizes the roles and responsibilities of various workers in their community

Geography and Cultural Differences

- Understands similarities and respects differences among people including those from different cultures
- Understands maps are representations of actual places

Government

- Recognizes patriotic symbols and activities

History

- Sequences familiar events in time
- Begins to categorize time intervals

Economics

- Recognizes the difference between wants and needs

Technology

Technology Use

- Navigates simple on screen menus
- Enjoys using electronic forms of storybooks and information texts

Approaches to Learning

Initiative and Curiosity

- Develops increasing independence and willingness to try new challenges
- Demonstrates flexibility, imagination, and inventiveness in approaching tasks and activities
- Shows curiosity and initiative by choosing to explore a variety of activities and discuss a range of topics, ideas, and tasks

Engagement and Persistence

- Brings a teacher-directed or self-initiated task, activity, or project to completion
- Attends to tasks for a brief period and seeks help when needed

Reflection and Problem Solving

- Uses self-talk as a strategy
- Uses prior knowledge to understand new experiences or problems in new contexts

Creative Arts

Art

- Creates original artwork
- Experiments with a variety of art materials

Music

- Enjoys participating in music activities

Creative Movement and Dance

- Expresses concepts, ideas or feelings through movement

Dramatic Play

- Participates in teacher-guided dramatic play activities such as acting out a story
- Represents fantasy and real-life experiences through pretend play
- Reinforces concepts through dramatic play

Health, Safety, and Nutrition

Self-Care

- Demonstrates personal hygiene and emerging self-care skills

Health and Nutrition

- Develops awareness of nutritious food choices and habits that promote physical well being

Safety

- Identifies adults in their community who keep them safe and healthy
- Identifies the importance of personal safety practices, rules, and routines

Physical Development

Fine Motor Skills

- Demonstrates control, strength, and dexterity to manipulate objects
- Demonstrates hand-eye coordination
- Uses writing and drawing tools

Gross Motor Skills

- Moves with balance and control
- Demonstrates strength and coordination of large muscles to engage in skills such as jumping, hopping and running
- Combines a sequence of large motor skills

Social/Emotional Development

Self-Regulation

- Recognizes and regulates emotions, attention, impulses and behavior

Relationships

- Seeks assistance from adults and classmates
- Engages in and maintains positive relationships and interactions

Social Problem Solving

- Works with others to solve problems

Emotional Development

- Demonstrates confidence in own abilities and expresses positive feelings about self
- Empathizes with the feelings of others

Unit 3 • Week 10: Being Safe

This week you will introduce the children to rules that will keep them safe in a variety of situations. Topics include: *Inside School, On the Playground, Taking a Walk, Wheels, Wheels, Wheels, In a Car, Around the House, Tub and Shower, At the Pool, Fire, and Strangers.*

The children will also:

- Learn /p/ and identify initial and final /p/ words
- Discuss size relationships
- Compare and contrast their heights
- Practice putting story events in sequence
- Consider story characters' emotions
- Dramatize *Goldilocks and the Three Bears*

Essential Questions

- *Why is the order of story important?*
- *What would happen if we read a story backwards?*
- *Why are safety rules important to remember?*
- *Why is knowing what to do if you see a stranger important?*
- *Why is making good choices important?*
- *How would you change the story Goldilocks and the Three Bears?*

Standards & Benchmarks

Reading

- Identifies roles of author/illustrator
- Makes connections using illustrations/photos, prior knowledge, real-life experiences
- Asks and answers questions about key elements and details in a text
- Makes connections between pieces of essential information in a text
- Uses illustrations to make inferences or predict
- Identifies sequence of events
- Identifies characters, settings, and events in a story
- Retells familiar stories in sequence/identifies sequence of events

Phonics & Word Recognition

- Associates letters with their names and sounds
- Identifies words beginning with the same letter as their own name

Print Concepts

- Connects oral language and print
- Demonstrates/Understands directionality in print
- Focuses on letter names and shapes
- Recognizes relationship between illustrations and text
- Understands words in print are separated by spaces

Alphabet Knowledge

- Recognizes and names most letters of the alphabet, especially those in their own name

Phonological Awareness

- Identifies or discriminates rhyming words
- Recognizes and identifies beginning and ending sounds
- Combines words to form compound words
- Isolates and pronounces the initial sounds in words
- Combines onsets and rimes to form words

Vocabulary

- Uses words and phrases acquired through conversations, activities and read alouds
- Discusses words and word meanings
- Identifies real-life connections between words and their use
- Explores word relationships and nuances
- Uses illustrations and context to determine word meaning

Speaking & Listening

- Participates in group discussions
- Participates in collaborative conversations with diverse partners about pre-kindergarten topics and texts
- Engages in agreed-upon rules for discussions
- Asks and answers questions in order to seek help, get information, or clarify something that is not understood
- Follows simple and multiple-step directions

Writing

- Uses drawing, dictation, scribe writing, or inventive spelling to convey meaning
- Independently writes some letters

Language Development

- Comprehends simple vocabulary in a language other than their own

Mathematics

Number Sense

- Counts/Identifies numbers in sequence
- Uses one-to-one correspondence to determine "how many"
- Responds to and uses positional words such as in, under, between, down, behind

Patterns, Operations, and Algebraic Thinking

- Creates, identifies, duplicates, and extends simple patterns

Geometry and Spatial Sense

- Identifies shapes regardless of orientations or size
- Responds to and uses positional words (e.g., in, under, between, down, behind)

Measurement and Data

- Uses charts and graphs to collect and analyze data
- Analyzes, compares, and orders groups of objects by a single attribute
- Orders objects by measurable attributes
- Becomes familiar with standard measuring tools and their uses
- Uses terms related to time periods such as morning, afternoon, night, today, tomorrow and yesterday
- Sorts objects by physical attributes

Science

Scientific Inquiry and Reasoning

- Uses senses to explore
- Makes and verifies predictions

Physical Science

- Investigates states of matter

Earth and Space

- Observes and describes the weather and how it changes
- Investigates properties of earth materials including water, soil, rocks, and sand
- Understands the use of natural resources and demonstrates environmental awareness and responsibility (e.g., reduce, reuse, recycle)

Social Studies

Self, Family and Community

- Recognizes common symbols in the community
- Recognizes his or her role as a member of a group (class, family, community)

Government

- Recognizes patriotic symbols and activities

Technology

Exploring Technology

- Uses technology independently to explore concepts and gain information

Technology Use

- Navigates simple on screen menus
- Uses a device to take pictures

Approaches to Learning

Initiative and Curiosity

- Demonstrates increased flexibility, imagination, and inventiveness in approaching tasks and activities
- Demonstrates increasing independence and willingness to try new challenges

Engagement and Persistence

- Focuses attention on tasks and experiences despite interruptions or distractions
- Brings a teacher-directed or self-initiated task, activity, or project to completion

Creativity

- Approaches tasks, activities, and problems with creativity

Reflection and Problem Solving

- Uses self-talk as a strategy
- Reflects on what has been learned
- Uses prior knowledge to understand new experiences or problems in new contexts

Creative Arts

Art

- Shows appreciation for different art forms, culturally diverse works of art, and the creative work of others

Music

- Experiences different moods, tempos, and rhythms in music activities
- Creates sound using traditional or handmade instruments

Dramatic Play

- Participates in teacher-guided dramatic play activities such as acting out a story
- Engages in cooperative pretend play with other children
- Reinforces concepts through dramatic play

Health, Safety, and Nutrition

Self-Care

- Demonstrates personal hygiene and emerging self-care skills

Safety

- Identifies importance of safety practices, rules, and routines
- Identifies adults in their community who keep them safe/healthy
- Recognizes dangerous substances and situations
- Discusses appropriate safety procedures

Physical Development

Fine Motor Skills

- Demonstrates control, strength, and dexterity to manipulate objects
- Demonstrates hand-eye coordination

Gross Motor Skills

- Moves with balance and control
- Demonstrates strength and coordination of large muscles to engage in skills such as jumping, hopping, and running
- Combines a sequence of large motor skills
- Moves with an awareness of personal space in relationship to objects and others

Social/Emotional Development

Self-Regulation

- Uses materials appropriately and puts them away

Relationships

- Demonstrates sense of belonging to groups
- Engages in and maintains positive relationships and interactions with trusted adults and children

Social Problem Solving

- Works with others to solve problems
- Uses basic problem solving skills to resolve conflicts peacefully

Emotional Development

- Recognizes and identifies emotions in self and others
- Empathizes with the feelings of others