

### "Playground Equipment Safety Review"

Review safety rules for your playground equipment (tricycle, balance beam, balls, swings, slide, climbing apparatus). Observe the children as they practice using playground equipment properly, and encourage them to remind each other to play safely.



#### **Gross Motor Skills -**

*Combines a sequence of large motor skills*

#### **Health, Safety and Nutrition -**

*Identifies importance of safety practices, rules, and routines*

*Recognizes dangerous situations*

#### **Social/Emotional Development -**

*Engages in and maintains positive relationships and interactions with trusted adults and children*

### Laundry Basket Relay

Place two laundry baskets on one end of the playground side-by-side with some space between them, and place two additional laundry baskets on the other end of the playground. Place a ball in each of the two laundry baskets at one end.

Divide the children into four groups. The groups stand in lines behind each laundry basket. At your signal, the first child in each line behind the baskets with the balls picks up a ball, runs to the other end, drops the ball in the empty basket, goes to the end of the line behind that basket and sits.

The first child in line behind that basket then picks up the ball, runs to the other end and drops the ball into that empty basket.

Continue all of the children are sitting. Begin again if time permits.

#### **Materials**

- Four laundry baskets
- Two balls

#### **Gross Motor Skills**

*Demonstrates strength and coordination of large muscles to engage in skills such as jumping, hopping, and running*

*Moves with an awareness of personal space in relationship to objects and others*

**Math -** *Responds to and uses positional words such as in, under, between, down, behind*

#### **Social Studies**

*Recognizes his or her role as a member of a group (class, family, community)*

