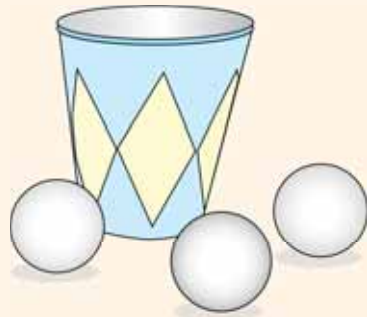


"Ping-Pong Ball Toss"

Partner the children. One child tosses a Ping-Pong ball and the other child tries to catch it in a cup. The children change positions at your signal.

Variation: Give each child a cup and a ball. The children place the balls in the cups, toss them into the air, and try to catch them with the cups.



Materials

- Ping-pong balls
- Paper cups

Fine Motor Skills

Demonstrates hand-eye coordination

Demonstrates control, strength, and dexterity to manipulate objects

Gross Motor Skills - Moves with balance and control

Social/Emotional Development - Engages in and maintains positive relationships and interactions with trusted adults and children

"Ball Relay"

Divide the children into two teams. The teams line up, and a child from each team picks up a ball, runs to a circle (hula hoop or drawn in chalk), steps inside the circle, jumps up and down four times, then rolls the ball to the next teammate in line. Play continues until all of the children have a turn.

Materials

- Hula hoops or circles drawn with chalk
- Balls

Gross Motor Skills

Combines a sequence of large motor skills

Moves with an awareness of personal space in relationship to objects and others

Math - Understands directionality, order, and position of self and objects in space

