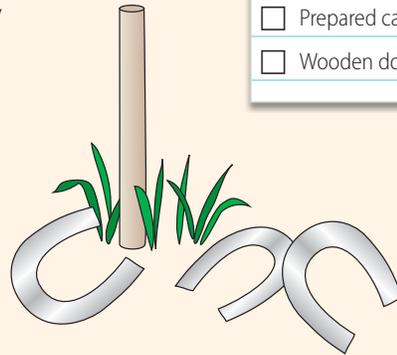


"Horseshoes"

Cut horseshoe shapes from sturdy cardboard and wrap them in aluminum foil. Place wooden dowels or rhythm sticks in the ground. The children take turns tossing the horseshoes and trying to ring the sticks.



Materials

- Prepared cardboard horseshoes
- Wooden dowels or rhythm sticks

Fine Motor Skills

Demonstrates hand-eye coordination

Gross Motor Skills - Moves with balance and control

Social/Emotional Development

Demonstrates confidence in own abilities and expresses positive feelings about self

Expresses common courtesy and respects the rights of others (compromises, cooperates, takes turns)

"Opposites / Positional Words Relay"

Write the following opposite pairs on index cards and place them in a basket.

Opposites: up/down, hot/cold, wet/dry, quiet/loud, fast/slow, big/little, day/night, over/under, below/above, black/white, good/bad, boy/girl, top/bottom, empty/full, first/last, go/stop; happy/sad, lost/found, high/low, in/out, left/right, long/short, loss/win, high/low, more/less, old/new; yes/no, on/off, open/close, push/pull, soft/hard, start/finish, wrong/right, forward/backward

Divide the children into four teams. Number them (1 through 4) and designate a beginning and an ending point. The teams line up behind the beginning point.

Draw an index card and say one of the opposites (i.e. little). The child on team one says the opposite (big). Choose an action from the list below for the child to perform. Continue, alternating teams, until all of the children have a turn.

When one team reaches the ending point repeat the game using reverse opposite (i.e. big; response: little).

Actions: 3 big hops forward, 2 giant steps forward, 2 baby steps backward, 3 skips forward, march 1 step backward, tiptoe 2 steps backward

Materials

- Prepared index cards (opposite words)
- Basket

Gross Motor Skills

Demonstrates strength and coordination of large muscles to engage in skills such as jumping, hopping, and running

Language Development
Demonstrates the ability to listen, understand, and respond in increasingly complex ways

Math - Responds to and uses positional words such as in, under, between, down, behind

Understands directionality, order, and position of self and objects in space

Vocabulary - Begins to recognize opposites of familiar words

