Outdoor Activities

Unit5·Week17



Approaches to Learning

Gross Motor Skills

Combines a sequence of large motor skills

Uses imagination in play and interactions with others

Social Studies - Recognizes aspects of the environment,

such as roads, buildings,

trees, gardens, bodies of water, or land formations

Vocabulary - Identifies

words and their use

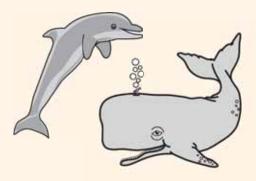
real-life connections between

"Dolphins or Whales"

The playground becomes an ocean for the children to play "Dolphins and Whales."

Designate two safe points with some distance between them.

One child (dolphin or whale) tries to round up the rest of the children (calves). He or she calls for the calves and they swim from one point to the other. When they are tagged, the calves swim to join their pods in the middle of the ocean and help the dolphin or the whale. The children take turns as the dolphin or whale.



"Lets Go Fishing"

Gather the children in a circle with one child in the middle. He or she becomes the fish.

Demonstrate the proper way to roll a ball.

Give a child in the outer circle a ball. He or she tries to "catch the fish" by gently rolling the ball toward the fish in the middle as the fish tries to avoid the ball.

If the ball touches the fish, the child who rolled it becomes the next fish and the game continues. If the fish avoids the ball, children take turns rolling the ball trying to catch the fish.

Materials

Materials

☐ Ball

☐ Ball

Approaches to Learning

Uses imagination in play and interactions with others

Fine Motor Skills

Demonstrates handeye coordination

Demonstrates control, strength, and dexterity to manipulate objects

Speaking and Listening

Follows simple and multi-step directions

