"Duck, Duck, Hen"

Children play "Duck, Duck, Hen," a variation of "Duck, Duck, Goose."

All children except one, designated as the duck, sit in a large circle. The duck walks around the circle tapping each child gently on the shoulder, saying "duck" with each tap. After a few taps, the duck shouts, "hen." The child whose shoulder was just tapped becomes the hen and jumps up to chase the duck around the circle back to the empty space.

If the duck gets back to the empty space without being tagged, the tapped child becomes the next duck and the game continues. If the duck is tagged, he or she continues as the duck.

The duck must choose a classmate who has not yet had a turn to be the hen.

"Dress Up Relay"

Place two laundry baskets at one end of the playground or classroom. Each basket should contain a raincoat or jacket and 1 pair of oversized boots. Use masking tape or a small cone at the other end to mark the "turn around" point.

Divide the class into two teams. The children sit behind the laundry baskets in rows.

On "go" or another signal, the first child on each team puts on the raincoat or jacket AND oversized boots, runs to his or her corresponding masking tape or cone, turns around and runs back to the laundry basket.

The children remove the raincoats or jackets and boots, and the next child in each line puts on the raincoat or jacket and boots, and runs to the masking tape or cone and back.

Materials

- ☐ Masking tape or 2 small cones
- ☐ 2 laundry baskets each containing a raincoat or jacket, and a pair of oversized boots.

Approaches to Learning
Uses imagination in play and interactions with others

Gross Motor Skills
Combines a sequence of large motor skills

Demonstrates strength and coordination of large muscles to engage in skills such as jumping, hopping, and running

Moves with an awareness of personal space in relationship to objects and others

Gross Motor Skills
Combines a sequence of large motor skills

Moves with an awareness of personal space in relationship to objects and others

Social/Emotional Development
Demonstrates self-help skills

Follows simple rules, routines, and directions