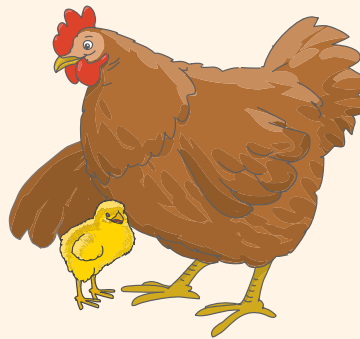


"Hen and Chicks"

Play "Hen and Chicks." Designate two safe points, such as trees or a fence, some distance apart. The children stand at one end of the area. These are the "chicks."

One child is the "hen" and he or she stands in the middle between the two points. When the hen calls for her chicks all of the children run from one point to the other while the hen tries to catch them by tapping them on their shoulders or arms gently.

The children who are caught stay with the hen and help her catch the rest of the "chicks." The last chick to be caught becomes the hen for the next round.



"Old Hen (or Rooster) and Chickens"

Play the "Old Hen (or Rooster) and Chickens." Choose a player to be the "old hen" or "rooster" who leaves the group temporarily. All of the other children sit with their heads bowed. The leader or teacher touches four players on the head and they immediately they become "little chickens."

The old hen or rooster is called back to the group, and when he or she says, "Cluck, cluck" the four little chicks answer, "Peep, peep!" They keep their heads bowed so the old hen or rooster must use his or her ears to listen.

The old hen or rooster tries to locate them by sound. He or she can continue with "Cluck, cluck" until they identify a chick. The chick discovered first becomes the old hen or rooster. The object of the game is to try to keep the old hen or rooster from guessing which chick answers.



Creative Arts - Engages in cooperative pretend play with other children

Gross Motor Skills
Demonstrates strength and coordination of large muscles to engage in skills such as jumping, hopping, and running

Moves with an awareness of personal space in relationship to objects and others

Social/Emotional Development

Recognizes and regulates emotions, attention, impulses and behavior

Creative Arts - Participates in a variety of dance and movement activities with or without props

Engages in cooperative pretend play with other children

Gross Motor Skills
Moves with an awareness of personal space in relationship to objects and others

Social/Emotional Development

Follows simple rules, routines, and directions

"Balance Relay"

Play "Hen and Chicks." Designate two safe points, such as trees or a fence, some distance apart. The children stand at one end of the area. These are the "chicks."

One child is the "hen" and he or she stands in the middle between the two points. When the hen calls for her chicks all of the children run from one point to the other while the hen tries to catch them by tapping them on their shoulders or arms gently.

The children who are caught stay with the hen and help her catch the rest of the "chicks." The last chick to be caught becomes the hen for the next round.

Materials

- 2 Large buckets
- Masking tape or cones
- Construction paper
- 2 balls

Approaches to Learning

Develops increasing ability to find more than one solution to a question, task or problem alone or with others

Uses self-talk as a strategy

Gross Motor Skills

Moves with an awareness of personal space in relationship to objects and others

Moves with balance and control

