

Snacks

Unit 3 • Week 10



Prior to snack, model proper hand washing or sanitizing techniques, and discuss how washing our hands removes germs that can make us sick. Remind the children to discard their used paper products in the classroom recycle container. Washing or sanitizing their hands and recycling used paper products should become part of the children's daily snack routine.

Allow the a different group of children to "set the table" for snack each day. They should make sure each place at the table has one napkin, one cup, one snack, etc.

Yogurt with Teddy Bear Crackers

Serve yogurt or pudding with teddy bear crackers in several varieties throughout the week.

Teach the children how to properly set a table during snack time this week by practicing placing napkins, spoons, yogurt or pudding and crackers correctly. Late in the week place items incorrectly and volunteers problem solve.

Materials

- Teddy bear crackers in several varieties
- Yogurt or pudding



Science - Understands the use of natural resources and demonstrates environmental awareness and responsibility (e.g., reduce, reuse, recycle)

Approaches to Learning
Demonstrates increasing independence and willingness to try new challenges

Uses prior knowledge to understand new experiences or problems in new contexts

Health, Safety & Nutrition - Demonstrates personal hygiene and emerging self-care skills

The Three Bears

Children place teddy bear crackers on a rice krispie square or graham cracker and cover the bears with a fruit roll-up blanket. The retell the story of The Three Bears, identifying characters, settings and major events as they enjoy their snacks.

Materials

- Rice & marshmallow square or graham cracker
- Teddy bear crackers
- Fruit roll ups



Reading - Retell familiar stories in sequence/identifies sequence of events

Identifies characters, settings, and major events in a story

Science - Understands the use of natural resources and demonstrates environmental awareness and responsibility (e.g., reduce, reuse, recycle)

Health, Safety & Nutrition
Recognizes dangerous substances and situations