

Snacks

Unit 4 • Week 11

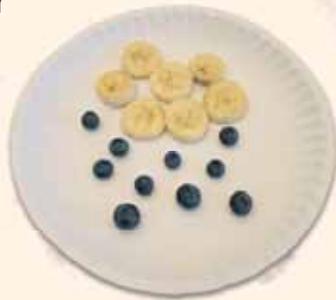


Prior to snack, model proper hand washing or sanitizing techniques, and discuss how washing our hands removes germs that can make us sick. Remind the children to discard their used paper products in the classroom recycle container. Washing or sanitizing their hands and recycling used paper products should become part of the children's daily snack routine.

Allow the a different group of children to "set the table" for snack each day. They should make sure each place at the table has one napkin, one cup, one snack, etc.

Blueberry Raindrops

Provide each child with several banana slices, a handful of blueberries, and a small paper plate. The children prepare their own snack by arranging the banana slices to form clouds at the top of the plate, and they place blueberries to represent rain drops.



Materials

- Small paper plates
- Banana slices
- Blueberries

Science - Observes and describes weather/seasons and how they change

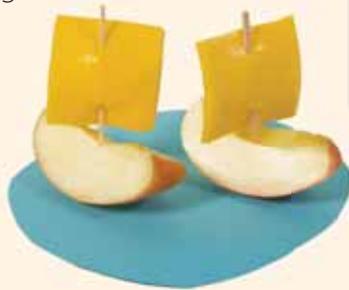
Approaches to Learning
Demonstrates flexibility, imagination, and inventiveness in approaching tasks and activities.

Health, Safety & Nutrition
- Develops awareness of nutritious food choices and habits that promote physical well being

Fine Motor Skills
Demonstrates hand-eye coordination

Apple Sailboats

Provide each child with a small paper plate, an apple slice, cheese sliced into small squares, and a rounded edge plastic toothpick. The children create sailboats by pushing the toothpick through the cheese to represent the sails and into the apple slice to form the boat. Discuss how wind blows the sails which moves the boat through the water.



Materials

- Rounded edge plastic toothpicks
- Small squares of cheese
- Small paper plates
- Apple slices

Science - Observes and describes various ways objects move

Health, Safety & Nutrition
Develops awareness of nutritious food choices and habits that promote physical well being

Fine Motor Skills
Demonstrates hand-eye coordination

Demonstrates control, strength, and dexterity to manipulate objects

Rice Cake Ladybugs

Display the LI Wall Card, review the sound of LI, and discuss the characteristics of ladybugs. The children create ladybug snacks by spreading jam or jelly on mini rice cakes. They add raisins for spots and a grape for the head.



Materials

- Mini rice cakes
- Plastic spoons
- Jam or jelly
- Raisins
- Grapes

Phonological Awareness
Isolates and pronounces the initial sounds in words

Science - Describes characteristics in the appearance, behavior, and habitats of animals

Health, Safety & Nutrition - Demonstrates personal hygiene and emerging self-care skills

Fine Motor Skills - Demonstrates control, strength, and dexterity to manipulate objects