

# Snacks

## Unit 5 • Week 17



Prior to snack, model proper hand washing or sanitizing techniques, and discuss how washing our hands removes germs that can make us sick. Remind the children to discard their used paper products in the classroom recycle container. Washing or sanitizing their hands and recycling used paper products should become part of the children's daily snack routine.

Allow the a different group of children to "set the table" for snack each day. They should make sure each place at the table has one napkin, one cup, one snack, etc.

### "Go Fishing"

Place some of small pretzel sticks, fish-shaped crackers, ocean animal fruit snacks and softened cream cheese or peanut butter on a paper plate for each child. Children pretend to fish by dipping pretzels into the softened cream cheese or peanut butter. They stick the pretzels to the fish crackers and fruit snacks to catch the fish.

Encourage children to discuss what they learned this week about ocean animals and caring for the ocean as they enjoy their snacks.



#### Materials

- Softened cream cheese or peanut butter and paper plates
- Ocean animal fruit snacks
- Small pretzel sticks
- Fish-shaped crackers

**Science** - Understands the use of natural resources and demonstrates environmental awareness and responsibility (e.g., reduce, reuse, recycle)

*Describes characteristics in the appearance, behavior, and habitats of animals*

**Social Studies** - Recognizes aspects of the environment, such as roads, buildings, trees, gardens, bodies of water, or land formations

**Approaches to Learning**  
*Uses imagination in play and interactions with others*

### "Ocean Creatures"

Place half of a pita, 5 orange or tangerine sections, and several strips of fruit rolls or cooked spaghetti on a blue paper plate for each child. Display images of jellyfish and starfish. Allow time for children to describe them. Instruct the children to create their own jellyfish and starfish using the ingredients provided. They share their creations with their neighbors before eating their snacks.



#### Materials

- Strips of fruit rolls or cooked spaghetti
- Orange or tangerine sections
- Pita bread halves
- Blue paper plates

**Science** - Describes characteristics in the appearance, behavior, and habitats of animals

**Creative Arts** - Creates original artwork that reflects thoughts, feelings, experiences, or knowledge

*Describes or explains own artwork*

**Fine Motor Skills**  
*Demonstrates control, strength, and dexterity to manipulate objects*