

Snacks

Unit 3 • Week 8



Prior to snack, model proper hand washing or sanitizing techniques, and discuss how washing our hands removes germs that can make us sick. Remind the children to discard their used paper products in the classroom recycle container. Washing or sanitizing their hands and recycling used paper products should become part of the children's daily snack routine.

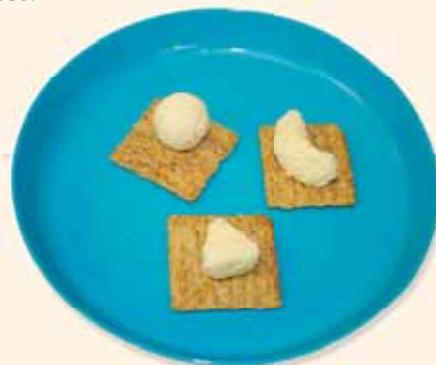
Allow the a different group of children to "set the table" for snack each day. They should make sure each place at the table has one napkin, one cup, one snack, etc.

Edible Play Dough

Serve edible dough as a touch and taste activity. Mix 8 ounces of cream cheese with $\frac{1}{2}$ cup of nonfat dry milk powder and 1 tablespoon of honey. Add more dry milk powder as needed to achieve the proper consistency. Store the dough in the refrigerator until snack time. The children wash their hands independently before they form shapes with the edible dough on wax paper or paper plates. Partners discuss the shapes they created then place them on crackers to eat. Remind the children to recycle their used paper products.

Materials

- $\frac{1}{2}$ cup of nonfat dry milk powder
- Wax paper or paper plates
- 8 ounces of cream cheese
- 1 tablespoon of honey
- Crackers



How Noisy is Your Snack?

Provide a variety of healthy snacks with multiple textures. Using their senses, children describe and discuss the sounds they hear while eating their snacks.

Materials

- Variety of healthy snacks with multiple textures



Math - Becomes familiar with standard and nonstandard measuring tools and their uses

Measures length, weight, height, size, or capacity of one or more objects

Health, Safety & Nutrition - Demonstrates personal hygiene and emerging self-care skills

Identifies the importance of personal safety practices, rules, and routines

Vocabulary - Understands and uses describing words

Science - Participates in scientific investigations, analyzes, draws conclusions, and communicates results

Uses senses to explore

Health, Safety & Nutrition - Demonstrates personal hygiene and emerging self-care skills