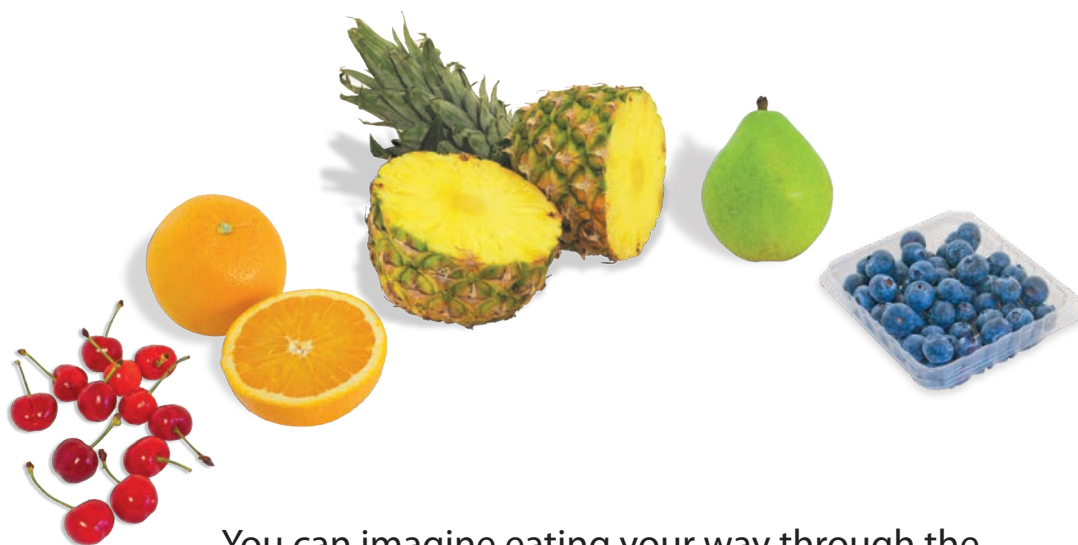


Let's Eat!

A book about delicious colors



Written and photographed by Faith Gowan



You can imagine eating your way through the rainbow with this delicious book about colors!

Starfall.com[®]

- Begin with free reading and math activities for computers and mobile devices.
 - Discover even more interactive activities with a Starfall membership!
- Find free worksheets, lesson plans, guides, and more on teach.starfall.com.
- Shop at store.starfall.com for educational products.

Let's Eat!

A book about delicious colors

Written and photographed by Faith Gowan



Starfall Education Foundation

P.O. Box 359, Boulder, CO 80306

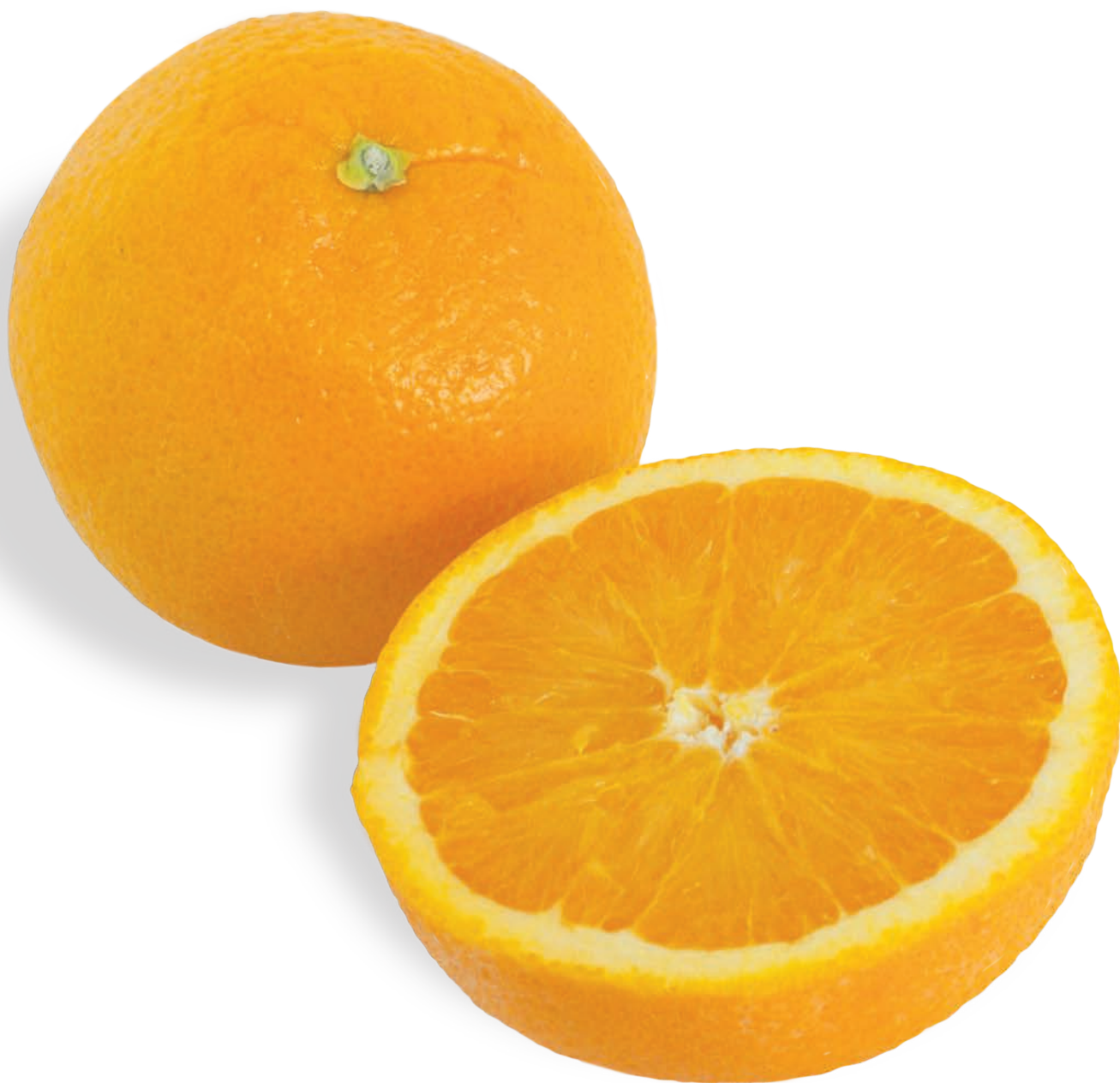
Copyright ©2026 by Starfall Education. All rights reserved. Starfall® and Starfall.com® are registered trademarks in the U.S., the European Union, and various other countries. This document may be reproduced by individuals for non-commercial use in their own school or home, but any other reproduction is not allowed without written permission from the publisher.

Starfall Education Foundation is a publicly supported nonprofit organization, 501(c)(3)

ISBN: 978-1-59577-154-4



Let's make a fruit salad.
We have some **red** cherries.



We have an orange.

It's **orange**.

(I wonder why it's called an orange?)



We have a pineapple.
It's **yellow** inside.



We have a **green** pear.



We have some **blue** blueberries.



We have a bunch of **purple** grapes.



We have a coconut.
It's **brown** on the outside and
white on the inside.



What can we do with this big **black** bowl?



We'll put the **red** cherries,



the **orange** orange,



the **yellow** pineapple,



the **green** pear,

the **blue** blueberries,



the **purple** grapes,



and the **brown** and **white** coconut



into the big **black** bowl.





Yum! Let's eat!



How did this food grow?



Grapes grow on vines.



Blueberries grow on bushes.



Pineapples grow on a low spiky plant.



Cherries, **pears**, and **oranges** grow on trees.



Coconuts grow on palm trees.



About the Author and Photographer

Faith Gowan grew up in a home buzzing with creative projects. Both of her parents were artists, and she and her sisters and brother were always encouraged to make things. To this day, Faith is happiest when working with her hands: shaping something out of clay, sewing a quilt, knitting a pair of mittens, or even preparing a colorful fruit salad! Faith lives in Colorado with her husband and two children.

Additional Photo Credits

The children enjoying fruit salad on pages 20-21 were photographed by Judi Bruckner. (Special thanks to Carlos, Oliviana, Marisa, Patrick, Victoria, and Kito!) Photography on pages 22-23 courtesy of Wikimedia Commons (blueberry bush, orange tree, pear tree, cherry tree) and Corel (grape vine, pineapple plant, coconut palm).