Outdoor Activities

Unit4•Week13



"Sun, Sun, Earth"

Review sun safety and other outside safety rules.

Play a variation of "Duck, Duck, Goose" by changing it to "Sun, Sun, Earth."





"Rainy Day Obstacle Course"

On rainy days the children may assist in planning and creating an indoor obstacle course using available items in your classroom.

The obstacle course might include:

- Crawling under tables
- Walking around cots
- Climbing over chairs
- Walking a balance beam created with long flat blocks or masking tape
- Hopping in and out of hula hoops

Materials

Classroom items to create an obstacle course, such as tables, chairs, cots, blocks, hula hoops

Gross Motor SkillsCombines a sequence of large motor skills

Demonstrates strength and coordination of large muscles to engage in skills such as jumping, hopping, and running

Moves with an awareness of personal space in relationship to objects and others

Health, Safety and Nutrition - Identifies importance of safety practices and rules

Approaches to Learning

Demonstrates increasing independence and willingness to try new challenges

Uses self-talk as a strategy

Gross Motor Skills

Combines a sequence of large motor skills

Moves with an awareness of personal space in relationship to objects and others

Science - Designs, builds, analyzes, and modifies structures using blocks or other classroom materials



Copyright © 2018 by Starfall Education. All rights reserved.