

### "Follow the Leader"

Line up the children and the first child in line becomes the leader. The leader performs actions of his or her choice such as running, skipping, hopping, jumping, or waving. The other children follow behind the leader and imitate his or her actions..

After a few minutes, blow a whistle. The leader moves to the end of the line and the next child in line becomes the leader. Continue as time permits.



### Materials

Whistle

**Approaches to Learning**  
Approaches tasks, activities and problems with creativity

**Gross Motor Skills**  
Demonstrates strength and coordination of large muscles to engage in skills such as jumping, hopping, and running

**Social/Emotional Development**  
Recognizes and regulates emotions, attention, impulses and behavior

**Social Studies** - Recognizes his or her role as a member of a group (class, family, community)

### "Wolf's Dinner Time"

Choose a child to be the wolf and stand about fifteen feet away with his or her back to the other children.

The children ask, "What is the time, Mr. Wolf?" The wolf faces them, shouts a time, and the children take the corresponding number of steps toward him or her.

Play continues until the group gets close to the wolf. Then, instead of a time, the wolf shouts "Dinner time!" and tries to catch a child as he or she chases them back to the starting point. The child the wolf catches becomes the next wolf.



**Approaches to Learning**  
Uses imagination in play and interactions with others

**Gross Motor Skills**  
Demonstrates strength and coordination of large muscles to engage in skills such as jumping, hopping, and running

Moves with an awareness of personal space in relationship to objects and others

**Social/Emotional Development**  
Recognizes and regulates emotions, attention, impulses and behavior