Outdoor Activities

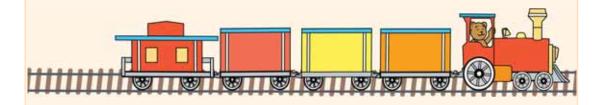
Unit6 • Week 21



"Caboose on the Loose"

Choose a volunteer to become the "caboose." The rest of the children form two or three trains by placing their hands on the waists of the children in front of them.

The trains chug around while the caboose tries to catch up to the end of one of them. When the caboose catches up, the engine (first child in line) of that train becomes the next caboose and play resumes.



Approaches to Learning

Uses imagination in play and interactions with others

Gross Motor Skills

Combines a sequence of large motor skills

Moves with an awareness of personal space in relationship to objects and others

Moves with balance and control

"Humpty Dumpty Egg Race"

Divide the children into 3 teams. Designate a starting point and place small cones or other markers at the ending points.

The first member of each team places a hard boiled egg on a large spoon. On your signal, they

walk or run to the cone, circle around it, then return to their teams while balancing the eggs. They hand their eggs and spoons to the next children in line and play continues until all of the children have had a turn..

Materials

- Two small cones (or other markers)
- Hard boiled eggs
- Three large spoons

Fine Motor Skills

Demonstrates handeye coordination

Gross Motor Skills

Combines a sequence of large motor skills

Moves with an awareness of personal space in relationship to objects and others

Moves with balance and control



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