Outdoor Activities

Unit7·Week22



"Alphabet Toss"

The children stand in a large circle. One child tosses a ball to the child on his or her right. Each time the ball is tossed, children chant the next letter of the alphabet. When they have gone through the alphabet, a child tosses the ball to the left and the children begin the alphabet again.

ABCDEFGHIJKLMNOPQRSTUVWXYZ

Materials

Alphabet Knowledge

Recites the alphabet in sequence

Fine Motor Skills

Demonstrates control, strength, and dexterity to manipulate objects

Demonstrates handeye coordination

Social/Emotional
Development - Expresses
common courtesy and
respects the rights of
others (compromises,
cooperates, takes turns)

"Ball Toss/g/"

Draw simple pictures of words that begin with /g/ (girl, guitar, graph, game, gate, goat, gift) on pieces of masking tape. Place the masking tape pieces randomly on a large ball.

The children stand in a circle. A child tosses the ball. The child who catches the ball looks at the masking tape closest to one of his or her hands and announces the initial /g/ word. The other children repeat the word. The child then tosses the ball and the game continues.

Materials

Prepared ball

Language Development

Demonstrates the ability to listen, understand, and respond in increasingly complex ways

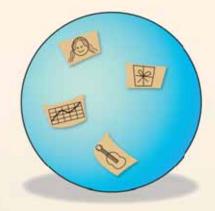
Fine Motor Skills

Demonstrates handeye coordination

Phonological Awareness Isolates and pronounces the initial sounds in words

Social/Emotional

Development - Seeks assistance from adults or classmates (or assists adults or classmates)



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Outdoor Activities

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"Skip to My Lou"

The children sit in a circle. Choose a volunteer to be the "skipper." He or she skips around the outside of the circle, carrying a handkerchief or beanbag while the group sings "Skip to My Lou."

At the moment the group sings the last word (darling), the skipper drops the handkerchief behind the nearest child and continues skipping around the circle. When the seated child notices that the handkerchief was dropped behind him or her, he or she picks it up and skips around the circle. The original skipper circles around to the empty spot and sits down. The group sings again as the new skipper takes a turn and the game continues.

Lou, Lou, skip to my Lou

Lou, Lou, skip to my Lou

Lou, Lou, skip to my Lou

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Skip to my Lou, my darling.

Materials

Handkerchief or beanbag

Creative Arts - Participates in movement using songs

Gross Motor Skills

Combines a sequence of large motor skills

Moves with an awareness of personal space in relationship to objects and others

Moves with balance and control

