Outdoor Activities

Unit 2 • Week 7



"Name It"

Children form a large circle and play "Name It." One child holds a rubber ball and you name a category (numbers, letters, community helpers, girl's names, boy's names, kinds of candy, etc.). The child with the ball identifies an item that fits the category you name, and bounces the ball to another child who does the same. When the children can no longer identify items to fit the category, name a different category and the game continues.

Materials

Rubber ball



Fine Motor Skills

Demonstrates control, strength, and dexterity to manipulate objects

Demonstrates handeye coordination

Gross Motor Skills

Moves with an awareness of personal space in relationship to objects and others

Language Development

Demonstrates the ability to listen, understand, and respond in increasingly complex ways

"Clean Up Day"

The children use large buckets, baby shampoo, and clean sponges, and work together to clean the playground equipment, tricycles, scooters, tables, chairs, etc.

After the items have sufficiently been "soaped up" an adult rinses them with a hose. The children use towels to help dry the equipment.

Materials

- ☐ Large buckets
- ☐ Sponges
- ☐ Towels
- ☐ Baby shampoo

Health, Safety and Nutrition - Develops

awareness of habits that promote physical well being

Social/Emotional Development

Demonstrates self-help skills

Social Studies - Recognizes and accepts responsibilities

Recognizes his or her role as a member of a group (class, family, community)



