

Unit 1 • Week 1

Prior to snack, model proper hand washing or sanitizing techniques, and discuss how washing our hands removes germs that can make us sick. Remind the children to discard their used paper products in the classroom recycle container. Washing or sanitizing their hands and recycling used paper products should become part of the children's daily snack routine.

Allow the a different group of children to "set the table" for snack each day. They should make sure each place at the table has one napkin, one cup, one snack, etc.

Gingerbread Boy Cookies

Purchase or prepare cookies in the shape of Gingerbread Boy. The children may add icing and raisins as buttons and eyes.



Materials

- Gingerbread cookies
- Icing
- Raisins

Health, Safety and Nutrition
Demonstrates personal hygiene and emerging self-care skills

Science - *Understands the use of natural resources and demonstrates environmental awareness and responsibility (e.g., reduce, reuse, recycle)*

Uses senses to explore

Speaking & Listening
Follows simple and multiple-step directions

Gingersnap Sandwiches

Purchase or prepare gingersnap cookies (2 for each child). Children use plastic spoons or knives to spread frosting or cream cheese on one of the cookies then place the second cookie on top to create a gingersnap cookie sandwich.

They use their senses to explore the spices in the cookies (ginger, cinnamon).



Materials

- Gingersnap cookies
- Cream cheese
- Plastic spoons or knives

Fine Motor Skills

Demonstrates control, strength, and dexterity to manipulate objects

Health, Safety and Nutrition
Demonstrates personal hygiene and emerging self-care skills

Science - *Understands the use of natural resources and demonstrates environmental awareness and responsibility (e.g., reduce, reuse, recycle)*

Speaking & Listening
Follows simple and multiple-step directions