Snacks

Unit 7 • Week 22

Prior to snack, model proper hand washing or sanitizing techniques, and discuss how washing our hands removes germs that can make us sick. Remind the children to discard their used paper products in the classroom recycle container. Washing or sanitizing their hands and recycling used paper products should become part of the children's daily snack routine.

Allow the a different group of children to "set the table" for snack each day. They should make sure each place at the table has one napkin, one cup, one snack, etc.

Veggies and Dip

Serve bite-sized pieces of veggies and ranch dip. Encourage children to discuss healthy foods and their benefits.

Materials
☐ Bite-sized pieces of vegetables
☐ Dressing or dip

Butterfly Life Cycle

Use a marker to divide a paper plate into four sections for each child. Place 3 mini-marshmallows, 3 gummy worms, 3 mini pretzel rods, and 3 butterfly-shaped crackers (or created butterflies as shown) on each plate. Review the life-cycle of the butterfly, and encourage the children to use vocabulary they have learned as they create models of the butterfly life-cycle on their plates.

Materials
☐ Butterfly-shaped crackers or other materials to create butterflies (see photo)
☐ Prepared paper plates
☐ Mini pretzel rods
☐ Mini marshmallows
☐ Gummy worms

Speaking & Listening
Demonstrates knowledge of nonverbal conversational rules (e.g., appropriate eye contact and facial expressions, and maintaining a comfortable distance in conversation)

Health, Safety & Nutrition
Develops awareness of nutritious food choices that promote physical well being

Fine Motor Skills
Demonstrates hand-eye coordination

Social/Emotional Development
Demonstrates self-help skills

Vocabulary - *Uses words and phrases acquired through conversations, activities and read alouds (Uses new vocabulary)*

Science - *Describes simple life cycles of plants and animals*

Notices changes in living things over time

Creative Arts - *Creates original artwork that reflects thoughts, feelings, experiences, or knowledge*