

Name: _____

Feeling Scared

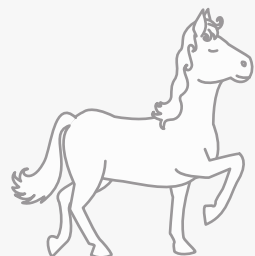
When I feel scared

I sometimes...

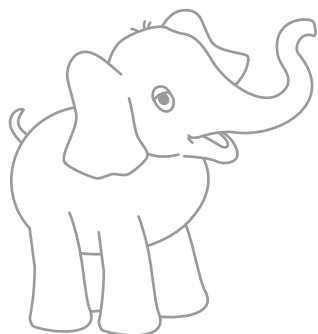
It feels this big.



small



medium



large



peek

hug

whisper



call

hide

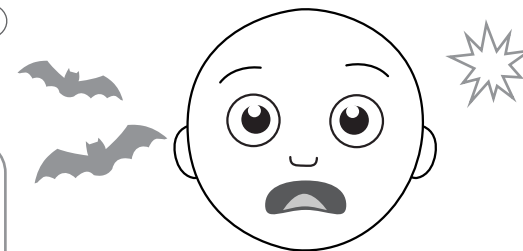
freeze



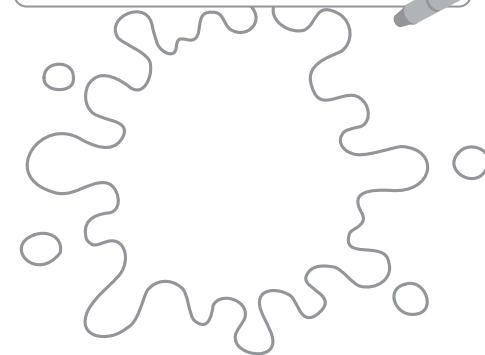
shake

squeeze

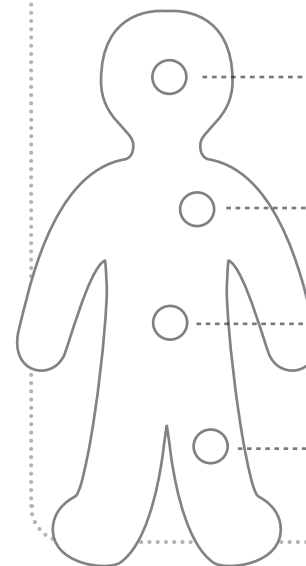
frown



It feels like this color.



I feel it in my...



head



heart



stomach



legs



I sometimes feel scared when...

On the back of this page, draw a memory of a time you felt scared.